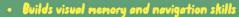


Benefits















Fosters respect for nature by encouraging rules like not picking plants that may be homes,
only taking one or two live plants from a group, and "returning the bouquet to the Earth" for composting



Self-Regulation Actions

Sensory Actions

Memory Activity

Story Visualization

Challenge your child to describe their bouquet using the 5 senses

Motivate them to think of other things their bouquet reminds them of Encourage them to tell the story of the walk and how they feel after doing it

